
Apple Wine Punch

INGREDIENTS FOR 2 CUPS

- 400ml apple juice
- 40g brown rock candy
- 1 star anise
- 1 cinnamon stick

- 150ml red wine
- 150ml apple cider

PREPARATION

Bring apple juice with rock candy, star anise and cinnamon stick to a boil and simmer for 10 minutes until sugar is completely dissolved.

Add red wine and apple cider, heat, stir and pour into cups. Cheers!

Non-Alcoholic Rosehip Punch

INGREDIENTS FOR 2 CUPS

- 400ml fruit juice
- 40g brown rock candy
- 1 star anise
- 1 cinnamon stick

- 1 cup of rose hip tea

PREPARATION

Select a sour fruit juice with flavor variety. I went with a mixed raspberry passion fruit apple juice. This contains over 40% apple juice anyway, but has a few more fruit notes in it. There are many different types of these mixed juices in the supermarket. Alternatively you could pick a currant or sour cherry juice.

Bring the juice with rock candy, star anise and cinnamon stick to a boil and simmer for about 10 minutes until the sugar has completely dissolved.

At the same time, boil a cup of rosehip tea with 2 tea bags for stronger flavor and pour it into the pot. Stir once and pour into cups. Cheers!